THE DISCIPLE TRAIL
A 4-MONTH DISCIPLESHIP PATH FOR MEN

PURPOSE

The Disciple Trail is a 16-week, Scripture-anchored pathway designed to move men from belief to lived discipleship — and from personal growth to reproducible disciple-making.

It exists to serve the local church, function under pastoral leadership, and strengthen men in everyday faithfulness.

This is not a program to complete.
It is a trail to walk.

THE STRUCTURE

16 Weeks
Formation first. Practice second.

Month 1 – Walking With Jesus
Establishing daily dependence through Scripture, prayer, and obedience.

Month 2 – Identity, Character & Community
Strengthening identity in Christ. Developing integrity, perseverance, and relational depth.

Month 3 – Discipleship in Real Life
Living faith at home, at work, and in everyday relationships.

Month 4 – Walking With Others
Learning to spiritually walk with another man and reproduce the path.

Scripture is the map.
Life-on-life is the method.
Reproducibility is the goal.

WHAT THIS IS – AND WHAT IT ISN'T

The Disciple Trail:

- Is Scripture-centered and relational

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- Operates best under pastoral awareness
- Supplements existing church discipleship efforts
- Builds maturity without creating platform dependence

It is not:

- A parachurch movement
- Personality-driven
- A replacement for church leadership or structures

Its aim is simple:
Form men who can form men.

WHAT IT REQUIRES

- Small groups (4–5 men)
- Weekly meeting rhythm (in-person, by phone, or video)
- Personal engagement with Scripture
- Pastoral awareness (not heavy oversight)

No event infrastructure.
No branding shift for the church.
No complex systems.

WHAT SUCCESS LOOKS LIKE

Success is not measured by attendance or completion certificates.

It is seen in:

- Changed daily rhythms
- Consistent Scripture engagement
- Growth in obedience and integrity
- Greater presence at home
- Christlike steadiness in the workplace
- Men beginning to disciple another man

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The Disciple Trail produces men who don't simply attend church—they practice following Jesus in everyday life.

CONTACT

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